

***Smoking prevention among  
children and young people in  
Britain***

## Aim:

Analyze the situation of smoking among teenagers in Great Britain.

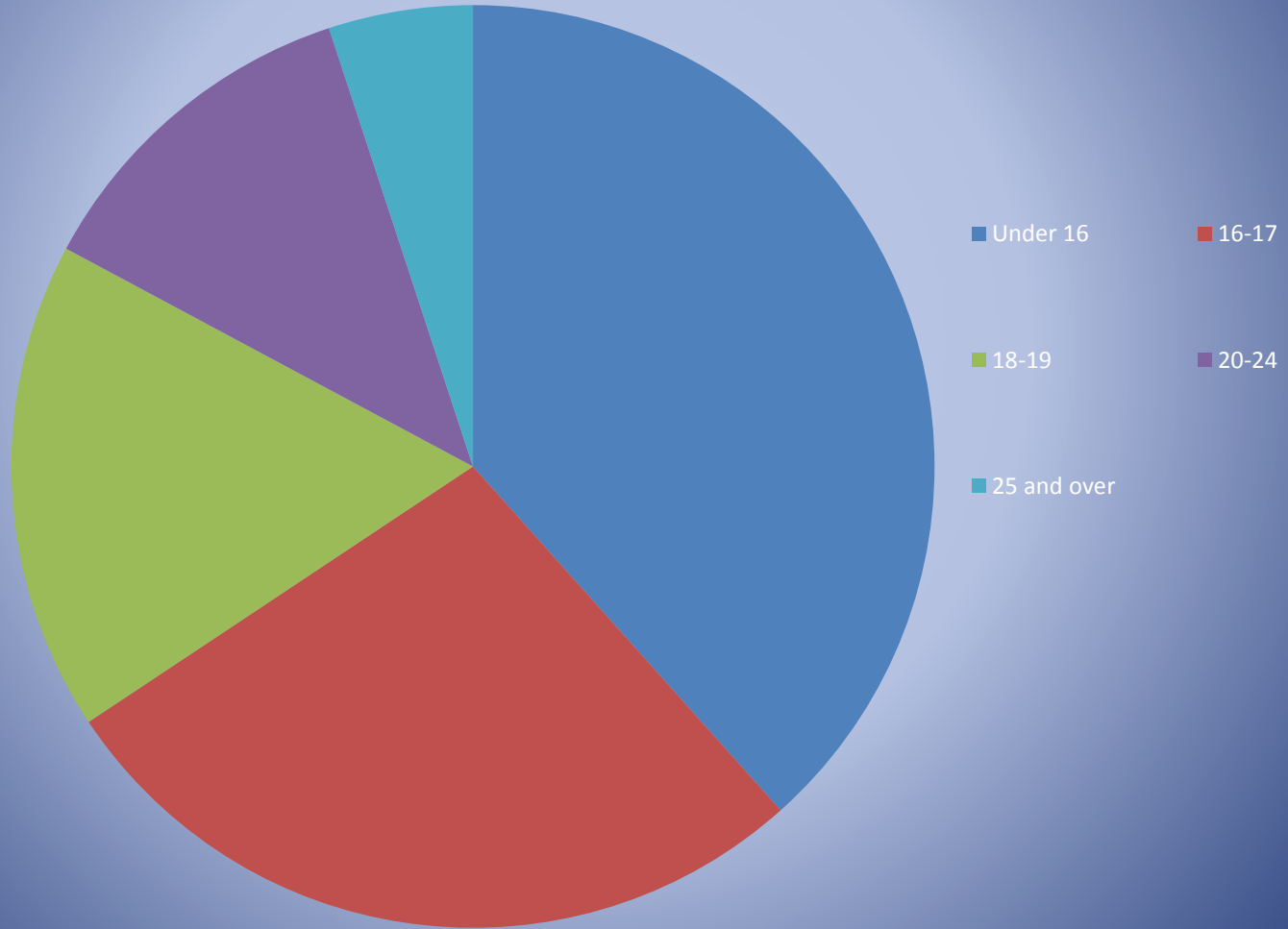
## Objectives:

- To find out what factors influence children to start smoking
- Health risks of childhood smoking
- Ways of coping with the problem in Britain

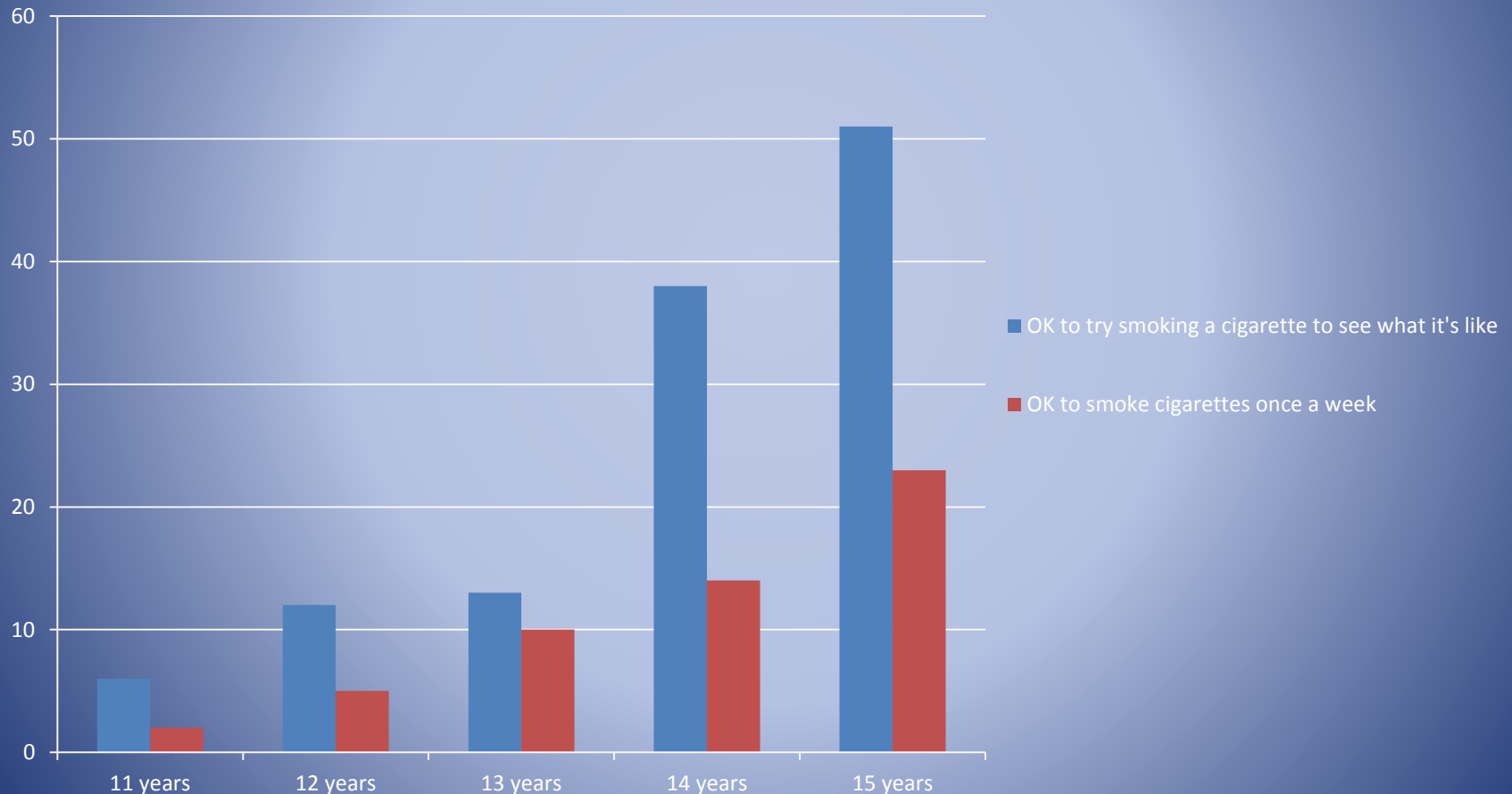
# What factors influence children to start smoking

- -parental and sibling smoking
- -the ease of obtaining cigarettes
- -smoking by friends and peer group members
- -socioeconomic status
- -exposure to tobacco marketing
- -depictions of smoking in films
- -television and other media.

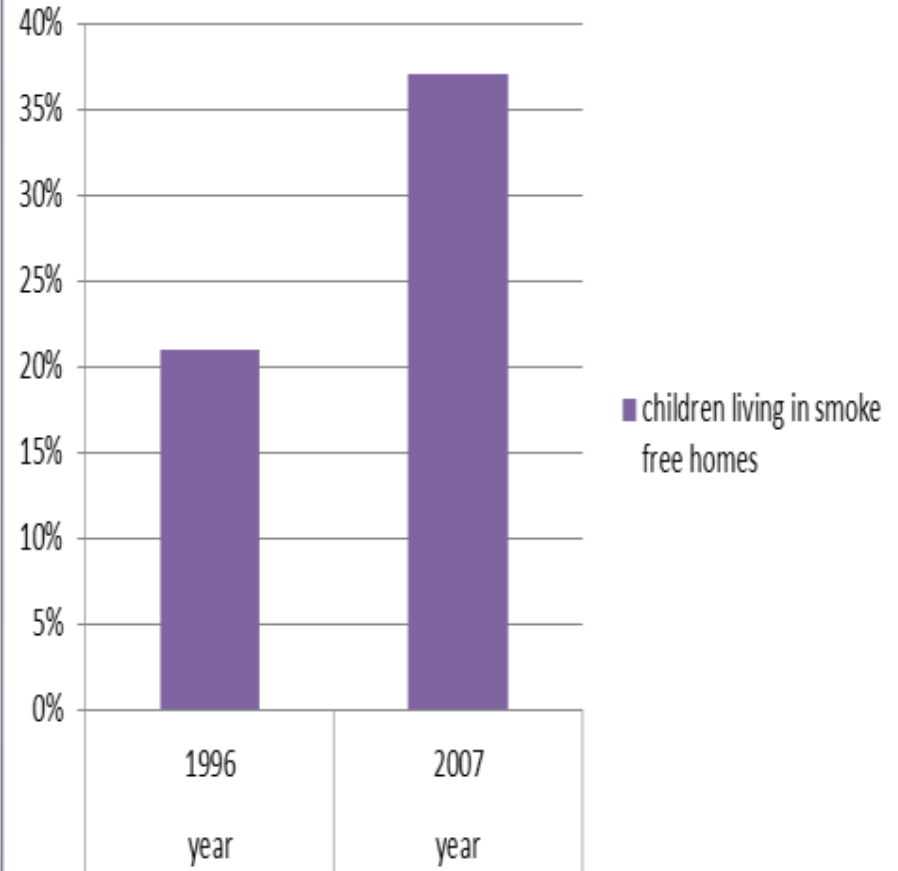
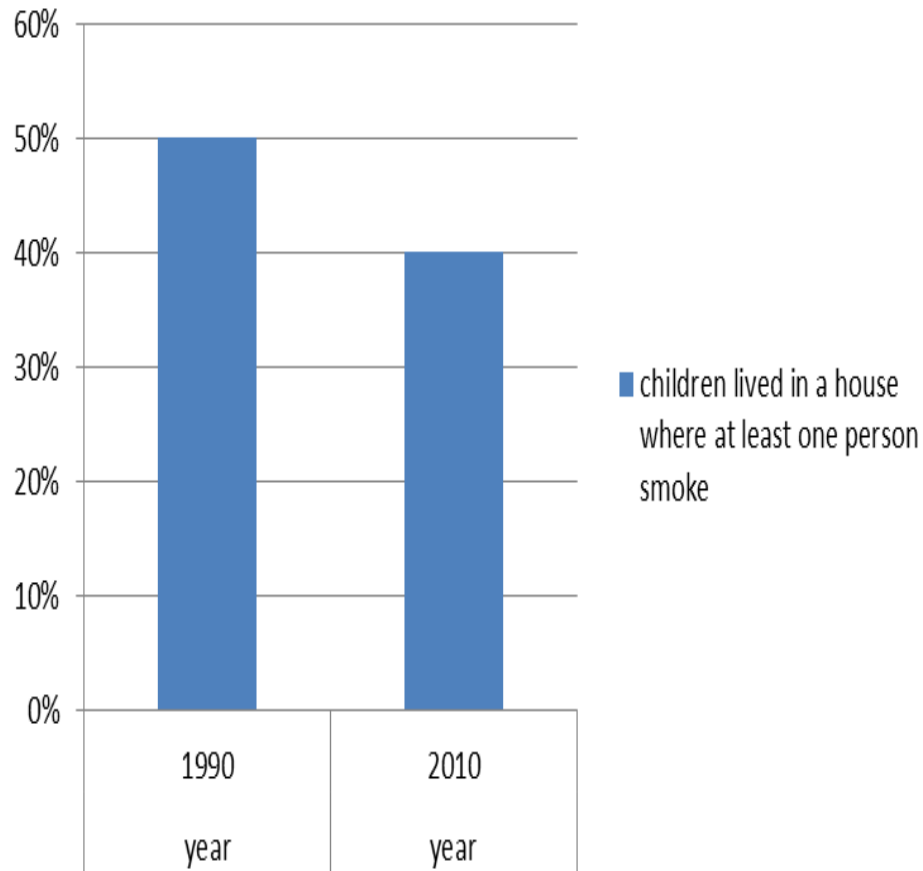
# Age at which adults started smoking regularly, 2010



# Attitudes to smoking among secondary school children by age, 2012



# Secondhand smoke

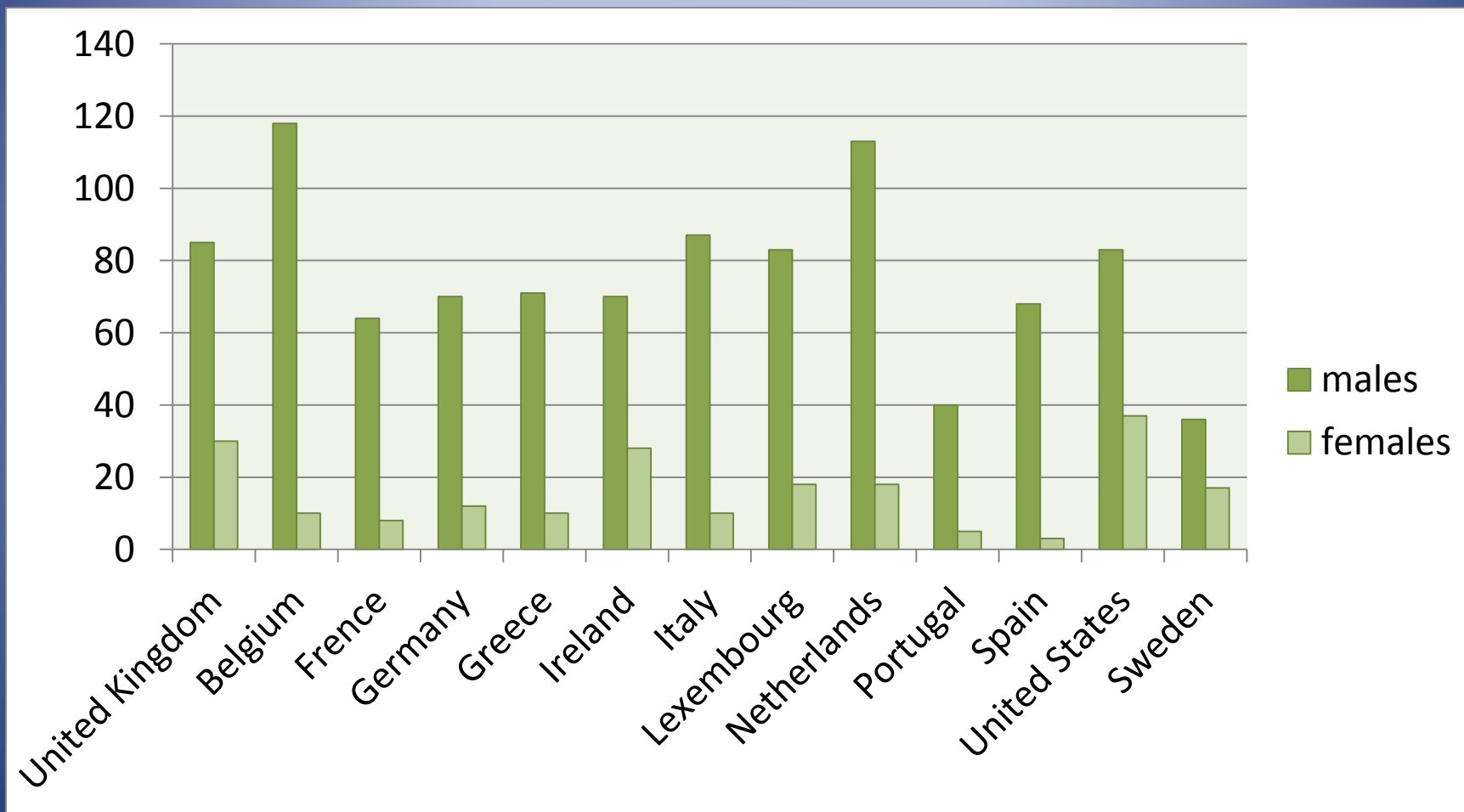


# Effect of smoking on health

- A person addicted to smoking may suffer from a number of serious and fatal diseases: cancer, cardiovascular disease, respiratory diseases and asthma



# Age Death Rates from Lung Cancer: by Sex, international Comparison, 1990.





# The side effects of smoking :

- Stained teeth and gums
- Bad breath, hair and skin
- Smoker's cough
- Sore throat and chest infections
- Weakened bones and osteoporosis



# Smoking Prevention

- A Tobacco Control Plan for England was published in March 2011. The plan aims to stop the promotion of tobacco, make tobacco less affordable and effectively regulate tobacco products.



The plan has two national ambitions:

- 1- to reduce adult (aged 18 or over) smoking prevalence in England from 21.2% to 18.5% or less by the end of 2015.
- 2- to reduce rates of regular smoking among 15 year olds in England from 15% to 12% or less by the end of 2015.

# Warnings :

- - Smoking kills
- -Smoking causes heart disease
- -Smoking causes fatal diseases
- - Smoking causes cancer
- -Protect children: don't make them breathe your smoke



# Proportion of 14 and 15 year old regular smokers, 2001-2011

